

Dutchess County Bike Tour Guide

A guide to the signature bike tours
of Dutchess County, New York.



**DUTCHESS
TOURISM**
HUDSON VALLEY REGION NEW YORK

A Storied
Experience.

Enjoy the Ride.

WHEN YOU EXPERIENCE ROLLING hills, winding roads, and magnificent views, you understand that there's a perfect harmony between revolutions of the wheel and a revelation of the world around you. Riders of all levels will enjoy these signature tours through the heart of the Hudson Valley, stopping at a variety of charming towns and quaint villages along the way. There's a story down every road in Dutchess County; hop on your bike and discover yours.

GET TO KNOW DUTCHESS COUNTY



Walkway Over the Hudson State Historic Park
Poughkeepsie, NY



How To Use This Guide

DUTCHESS COUNTY IS AN INCREDIBLE EXPERIENCE for bike riders of all levels. To make sure you get the most out of your bike tour, we've designed this guide to help you choose the tours that are right for you. From easy to advanced, each tour's grade is based on key factors like length and elevation. You can also use the map legend to gain insight into the type of road, amenities and facilities on your route of choice. So, all you need to do is find your road and enjoy the ride.

1 Beacon & Glenham

EASY LENGTH **10.0M** ELEVATION GAIN **505 FT**

2 Harlem Valley Rail Trail, Amenia/Wassaic Loop & Dover

MODERATE LENGTH **52.3M** ELEV. GAIN **1,125 FT**

3 Pawling & Quaker Hill

ADVANCED LENGTH **12.3M** ELEV. GAIN **925 FT**

4 Pleasant Valley & Staatsburg

MODERATE LENGTH **22.3M** ELEV. GAIN **525 FT**

5 Rhinecliff, Rhinebeck & Annandale-on-Hudson

Part of the Empire State Trail

MODERATE LENGTH **22.4M** ELEV. GAIN **525 FT**

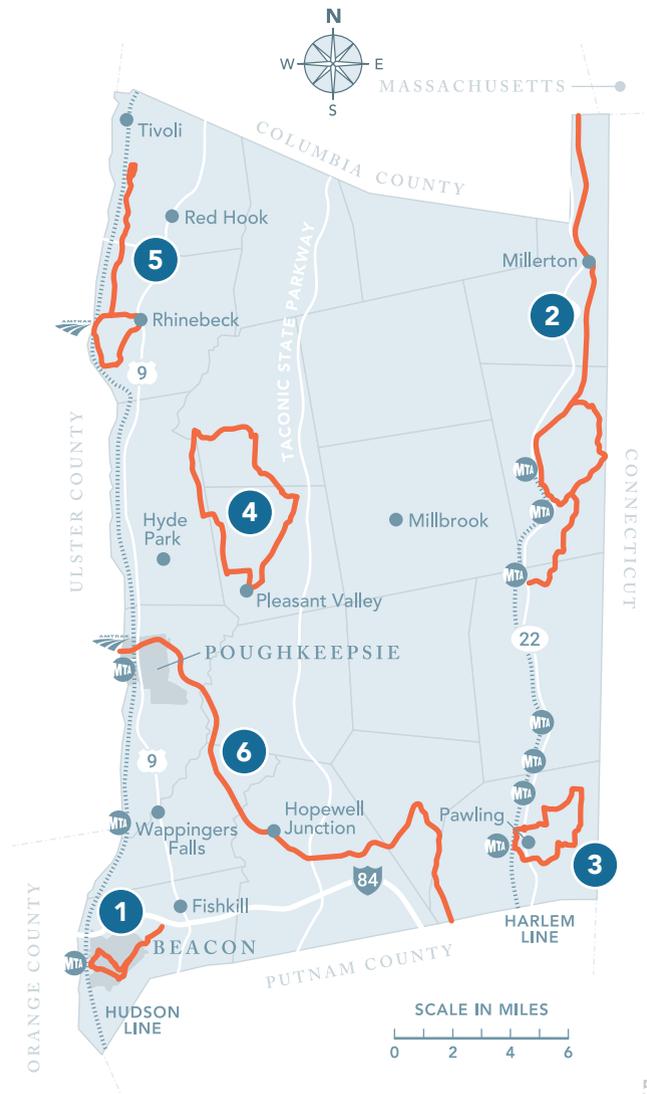
6 WRS Dutchess Rail Trail & Walkway Over the Hudson

Part of the Empire State Trail

EASY LENGTH **57.6M** ELEVATION GAIN **515 FT**

MAP LEGEND

 Bike Tour	 Restrooms
 Roadway	 Potable Water
 Railroad	 Paid Admittance
 Starting Point	 Lodging
 MTA Station	 Food
 Amtrak Station	 Picnic Area
 Parking	 Camping





BIKE TOUR 1

Beacon & Glenham

EASY LENGTH 10.0 M ELEVATION GAIN 505 FT

THIS ROUTE SURROUNDS THE CITY OF BEACON'S picturesque, walkable main street corridor and offers plenty to do if you'd like to make a pit stop or two. Don't miss Dia Beacon, a large collection of contemporary art housed in a former Nabisco box printing factory on the banks of the Hudson River. Sit for a while or launch a kayak on the river from Scenic Hudson's Long Dock Park. Enjoy a seasonal, locally-sourced meal with a view of Beacon Falls at The Roundhouse—a former factory transformed into a boutique hotel and award-winning restaurant.

START: Beacon Train Station

- 0.1 EXIT Railroad Dr. & turn **RIGHT** on Beekman St.
- 0.4 **RIGHT** on Wolcott Ave.
- 1.7 **LEFT** on Howland Ave.
- 2.2 **STRAIGHT** on Depuyster Ave.
- 2.8 **SLIGHT RIGHT** on Washington Ave.
- 4.1 **LEFT** on Maple St.
- 4.2 **RIGHT** on Old Glenham Rd.
- 5.0 **TURN AROUND** at Main St. (Rte. 52) and head back down Old Glenham Rd.

- 5.8 **LEFT** on Maple St.
- 5.9 **RIGHT** on Washington Ave.
- 7.8 **STRAIGHT** on E. Main St.
- 7.9 **VEER RIGHT** to remain on E. Main St.
- 8.2 **RIGHT** on Main St.
- 8.3 **LEFT** on Verplanck Ave.
- 9.2 **LEFT** on North Ave.
- 9.5 **RIGHT** on Beekman St.
- 9.9 **RIGHT** on Railroad Dr.
- 10.0 **RIDE COMPLETE**



Looking to camp? Within a 20-minute bike ride of this route is a great option!

TACONIC STATE PARK RUDD POND
 59 Rudd Dr., Millerton, NY 12546
 (518) 789-3059

BIKE TOUR 2

Harlem Valley Rail Trail, Amenia/Wassaic Loop & Dover

MODERATE LENGTH **52.3 M** ELEV. GAIN **1,125 FT***

A DAY SPENT IN THE HARLEM VALLEY IS ONE FILLED WITH fresh air, great food and inspiration. Visit the **Wassaic Project** in the hamlet of Wassaic and see contemporary art in the renovated Maxon Mills grain elevator. In Dover, take a short, easy hike to **Dover Stone Church**—a natural stone cave and stunning waterfall. Take in the scenic countryside as you ride into Amenia’s hamlet of Leedsville for a bite at Troutbeck’s restaurant. This historic estate has been a home to romantics, naturalists, and humanists for centuries. Next, in Millerton, take your pick from 250 varieties of tea, blended in Harney & Sons’ factory, before pedaling along the Harlem Valley Rail Trail.

- START:** Wassaic Train Station
- 0.0** LEFT on Rte. 22
- 0.5** LEFT on Furnace Bank Rd.
- 0.7** RIGHT on Main St.
- 0.8** RIGHT on Old Rte. 22
- 1.6** STRAIGHT on S. Amenia Rd.
- 2.7** RIGHT on Kent Rd.
- 3.6** STRAIGHT on Sinpatch Rd.
- 4.5** VEER RIGHT at the fork with Benton Rd. to remain on Sinpatch Rd.
- 4.7** LEFT on Poplar Hill Rd.
- 7.7** RIGHT on Maple Ln.
- 8.2** STRAIGHT on Mill St.
- 8.6** TURN AROUND at Wing Ave. and head back down Mill St.

- 9.0** STRAIGHT on Maple Ln.
- 9.5** LEFT on Poplar Hill Rd.
- 12.5** RIGHT on Sinpatch Rd.
- 13.6** STRAIGHT on Kent Rd.
- 14.5** RIGHT on S. Amenia Rd.
- 15.2** STRAIGHT on Amenia Union Rd.
- 17.0** VEER LEFT at the fork onto Leedsville Rd.
- 17.6** LEFT on Leedsville Rd.; follow to end
- 19.5** LEFT on NY-343
- 20.8** RIGHT onto the Harlem Valley Rail Trail
- 27.8** FOLLOW TRAIL through Millerton*
- 34.7** TURN AROUND at Boston Corners Rd.
- 52.3** FOLLOW TRAIL back to Wassaic Train Station
- 52.3** RIDE COMPLETE

*Elevation information excludes Rail Trail north of Millerton, but the path is relatively flat.



BIKE TOUR 3

Pawling & Quaker Hill

ADVANCED LENGTH **12.3 M** ELEV. GAIN **925 FT**

BEGIN YOUR RIDE IN PAWLING, WITHIN ITS QUAIN T village. Start or finish your day at **McKinney & Doyle** for made-from-scratch baked goods and delicious American cuisine. Relax for a while at **Lakeside Park** and enjoy fishing, swimming and boating in Green Mountain Lake. Pedal through country vistas in the hamlet of Quaker Hill, an area colonized in the 1720s and understood to have been part of the Underground Railroad. Don't miss a chance to tour the **John Kane House**—George Washington established his headquarters here for two months during the Revolutionary War!

START: Pawling Train Station

- 0.0** LEFT on Charles Colman Blvd.
- 0.2** LEFT on E. Main St.
- 1.0** STRAIGHT on Quaker Hill Rd.
- 2.7** VEER LEFT at fork with Glen Arden Dr. to remain on Quaker Hill Rd.
- 3.3** VEER RIGHT at fork with Reservoir Rd. to remain on Quaker Hill Rd.
- 4.2** LEFT on Old Quaker Hill Rd.

- 6.9** LEFT on N. Quaker Hill Rd.
- 9.2** LEFT on Dewey Ln.
- 9.9** RIGHT on Reservoir Rd.
- 11.0** RIGHT on State Rte. 55
- 11.2** LEFT on Old Rte. 22
- 11.3** STRAIGHT on Corbin Rd.
- 11.7** LEFT on Charles Colman Blvd.
- 12.3** RIDE COMPLETE



BIKE TOUR 4

Pleasant Valley & Staatsburg

MODERATE LENGTH **22.3 M** ELEV. GAIN **525 FT**

THE QUINTESSENTIAL COUNTRYSIDE RIDE, YOU’LL quickly realize why we call this place “Pleasant Valley.” Visit **Bower Park**, which features an updated universally accessible playground for people of all abilities, a picnic area and access to forest trails. Enjoy award-winning wines from a tasting room with farmland views at **Milea Estate Vineyards** in Staatsburg, then enjoy some comfort food at the **Village Restaurant & Pancake Factory** in town—offering 30 varieties of pancakes and waffles, plus a gluten-free menu.

- START:** Pleasant Valley Town Hall
- 0.0** **RIGHT** on Main St.
- 0.9** **LEFT** on Creek Rd.
- 4.0** **STRAIGHT** on Scout Rd.
- 5.2** **LEFT** on Hibernia Rd.
- 6.0** **RIGHT** on Salt Point Turnpike
- 6.1** **LEFT** on Clinton Hollow Rd.
- 9.3** **LEFT** on Hollow Rd.
- 9.5** **RIGHT** on E. Meadowbrook Ln.
- 11.0** **RIGHT** on W. Meadowbrook Ln.

- 11.8** **RIGHT** on Hollow Rd.
- 12.7** **LEFT** on N. Quaker Ln.
- 16.7** **LEFT** on Netherwood Rd.
- 17.8** **RIGHT** on Gretna Rd.; follow to end
- 20.2** **LEFT** on Salt Point Turnpike
- 20.3** **RIGHT** on Wigsten Rd.
- 20.9** **STRAIGHT** on Sherow Rd.
- 21.3** **RIGHT** on North Ave.
- 22.1** **RIGHT** on Main St.
- 22.3** **LEFT** at Pleasant Valley Town Hall
- 22.3** **RIDE COMPLETE**



BIKE TOUR 5

Rhinecliff, Rhinebeck & Annandale-on-Hudson

Part of the Empire State Trail

MODERATE LENGTH **22.4 M** ELEV. GAIN **525 FT**

FOR A RIDE THAT'S BOTH SCENIC AND HISTORIC, BEGIN in the hamlet of Rhinecliff and head toward Bard College in Annandale-on-Hudson. Here you can visit Blithewood Gardens, the Hessel Museum of Art and the Fisher Center. Stop by Scenic Hudson's Poets' Walk Park in Red Hook for a picnic and spectacular views. Or have a meal in the Beekman Arms & Delamater Inn's landmark tavern in Rhinebeck—America's oldest continuously operating inn features a colonial tap room and an open-hearth fireplace. Don't miss the Wilderstein Historic Site in Rhinebeck—home of President Franklin D. Roosevelt's cousin and confidant, Margaret "Daisy" Suckley.

START: Rhinecliff Train Station

- 0.0 **EXIT** Hutton St. and turn **LEFT** on Charles St.
- 0.2 **SLIGHT LEFT**; Charles St. becomes Rhinecliff Rd.
- 1.0 **VEER LEFT** onto River Rd.
- 2-6 7.3 **STRAIGHT** on Annandale Rd.
- 7.4 **LEAVE ROAD** and **MERGE LEFT** onto Annandale Pedestrian/Bike Path, following Annandale Rd.
- 8 8.3 **RIGHT** on County Road 103/Annandale Rd. at Cruger Island Rd.
- 8.5 **RIGHT** on Campus Rd.
- 14 9.2 **LEFT** on Annandale Pedestrian/Bike Path, following Annandale Rd.

- 9.5 **STRAIGHT** on River Rd.
- 15.8 **LEFT** on Rhinecliff Rd.
- 10-16 16.7 **STRAIGHT** on W. Market St.
- 17.0 **RIGHT** on Mill St.
- 17.5 **RIGHT** on Mill Rd.
- 18 19.9 **RIGHT** on Morton Rd.
- 20 21.8 **STRAIGHT** on Kelly St.
- 22 22.2 **VEER LEFT** at fork to remain on Kelly St.
- 22.2 **STRAIGHT** on Charles St.
- 22.3 **LEFT** on Hutton St.
- 22.4 **RIDE COMPLETE**



Download the free **ZEN FINDER MOBILE PASSPORT** for over 30 hidden-gem hiking and biking trails and fresh air activities. Bike your way through the list and earn prizes while you're at it!

BIKE TOUR 6

WRS Dutchess Rail Trail & Walkway Over the Hudson

Part of the *Empire State Trail*

EASY LENGTH **57.6 M** ELEVATION GAIN **515 FT***

THIS FAMILY-FRIENDLY RIDE IS PAVED AND HAS NO vehicular traffic. Start at the Hopewell Depot trailhead in Hopewell Junction and check out the museum of the same name to learn about this former Maybrook rail corridor. Between Hopewell Junction and Pawling, pass by dense woods, farm fields, ponds and wetlands. Grab a bite at P.C.'s Paddock or Lola's Café in Poughkeepsie, or enjoy your own snacks with a stop at College Hill Park, the largest park in the City of Poughkeepsie, where you'll find trails, playgrounds, and a golf course. And the Walkway Over the Hudson—the longest elevated pedestrian bridge in the world—provides spectacular views of the Hudson River Valley.

- START:** Dutchess Rail Trail Hopewell Trailhead
- 0.0** EXIT Parking & turn **RIGHT** on Dutchess Rail Trail
- 1.7** **CROSS** the Taconic State Parkway
- 14.8** **TURN AROUND** at Holmes Rd.
- 27.9** **CROSS** the Taconic State Parkway
- 29.6** **CONTINUE PAST** Hopewell Depot
- 32.1** **CROSS** NY-376
- 39.2** **CROSS** Dutchess Turnpike (Rte. 44)
- 42.3** **CONTINUE** onto Walkway Over the Hudson Path
- 43.6** **TURN AROUND** once across the river and head back using Walkway Over the Hudson Path
- 44.9** **CONTINUE** onto Dutchess Rail Trail

- 45** **CROSS** Dutchess Turnpike (Rte. 44)
- 50-55**
- 55.1** **CROSS** NY-376
- 57.6** **REACH** Hopewell Trail Parking
- 57.6** **RIDE COMPLETE**

*Elevation information excludes Rail Trail east of Hopewell Junction, but the path is relatively flat.



Here we've provided our Dutchess County portion of the **Empire State Trail**, which is a 750-mile path connecting people to New York's spectacular natural beauty, cultural heritage, iconic landscapes and unparalleled outdoor recreation opportunities. The trail connects urban centers, village main streets and rural communities from New York City through the Hudson River Valley, west to Buffalo along the historic Erie Canal, and north to the Adirondacks. For more information, visit empiretrail.ny.gov.

Shops, Rentals and Events

BIKEWAY *Multiple locations*

Bike rentals available within walking distance of the Beacon Train Station. Locks and rider helmets included. Reservations available online.

Beacon

430 Main St., Beacon, NY 12508
(845) 765-2487 | bikeway.com

Wappingers Falls

1581 Route 376, Wappingers Falls, NY 12590
(845) 463-7433 | bikeway.com

BREAKAWAY CYCLES, INC. Rhinebeck

Full-service shop performing repairs and tune-ups. Full selection of bikes for sale.

6795 Route 9, Building B, Rhinebeck, NY 12572
(845) 516-4849 | breakawaycycles.bike

CITY BIKE RENTALS Poughkeepsie

Bike rental shop convenient to the Walkway Over the Hudson and the Dutchess Rail Trail. Reservations preferred.

115 Parker Ave., Poughkeepsie, NY 12601
(845) 486-4100 | citybikerentalspk.com

COLD SPRING BIKE RENTAL & TOURS Beacon

All-inclusive bike rental company providing individual bike rentals and tours on- and off-road.

Scenic Hudson's Long Dock Park, 23 Long Dock Rd.
Beacon, NY 12508 (near South East parking lot)
(845) 390-1932 | coldspringbikerental.com

PEDEGO ELECTRIC BIKES Beacon

Rent assorted types of Pedego electric bikes hourly, daily or weekly. Shop for Pedego bikes and accessories.

332 Fishkill Ave., Beacon, NY 12508
(845) 863-9301 | pedegoelectricbikes.com/dealers/beacon

PV BICYCLE SHOP Pleasant Valley

Repairs, large selection of new and used bikes. Accessories for beginners and pros. Rentals available.

1557 Main St./Route w44, Pleasant Valley, NY 12569
(845) 635-3161 | pvbikeshop.com

RHINEBECK BICYCLE SHOP Rhinebeck

Service repairs, daily rentals, sales & accessories, group rides.

10 Garden St., Rhinebeck, NY 12572
(845) 876-4025

EVENTS

APRIL - OCTOBER

EMPIRE STATE TRAIL TOUR

Runs monthly and is a supported 35-mile ride along the Maybrook Trailway between the Brewster and Poughkeepsie train stations. | bikehudsonvalley.com

JUNE

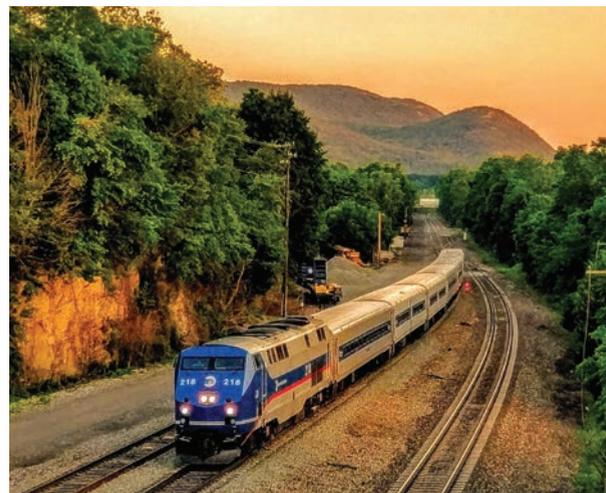
DISCOVER HUDSON VALLEY RIDE

Routes range from 15 to 100 miles; all routes begin and end at Victor C. Waryas Park in Poughkeepsie. | bike.nyc

SUMMER

CYCLE THE HUDSON VALLEY TOUR

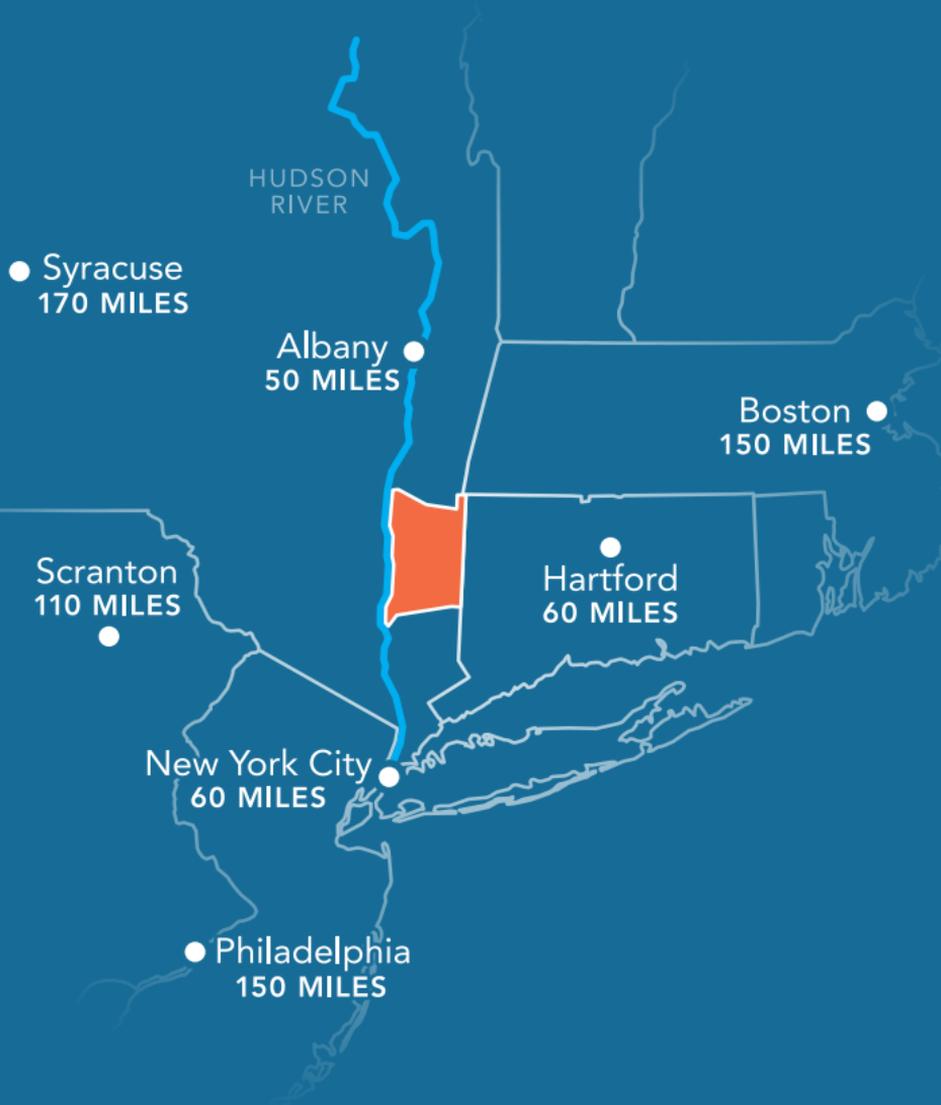
A fully supported, seven-day, 200-mile tour from the Albany area to New York City along the Hudson River section of the Empire State Trail. | ptny.org



The train is an easy and convenient way to get your bike to Dutchess County. Just check your local train schedules and get you and your bike on board.

 new.mta.info/guides/bikes

 amtrak.com/bring-your-bicycle-onboard



For digital versions of
all maps please visit
DutchessTourism.com/bikeride

DUTCHESSTOURISM.COM

To the best of our knowledge, the information in this guide is correct as of 11/1/23. We recommend that you contact a site before visiting. This guide lists only those sites that are open to the general public and wish to be included. Listings do not represent an endorsement. The programs provided by this agency are partially funded by monies received from the County of Dutchess.